

The Nab

Bar & Eatery

BREAKFAST

SERVED FROM 9AM UNTIL 11.30AM

The XL Nab Breakfast

Three rashers of *bacon, three *sausages, two free range eggs, three hash browns, mushrooms, beans, fresh tomatoes and potatoes, plus toast and fried bread. Served with tea or filter coffee and a jug of fresh milk. **15.95**
4.00 half board supplement

Traditional Breakfast

Two rashers of *bacon, two *sausages, free range egg, beans, mushrooms, fresh tomato, hash browns and a choice of white or brown toast or fried bread. **9.25**
2.00 half board supplement

Small Breakfast

One rasher of *bacon, *sausage, free range egg, beans, hash brown and a choice of white or brown toast or fried bread. **6.50**

Vegetarian Breakfast

Two Quorn Best of British sausages, free range egg, fresh tomato, beans, mushrooms, hash browns and a choice of white or brown toast or fried bread. **6.55**

Teacake

For a lighter breakfast enjoy our toasted teacake, served with heaps of butter. **3.95**

Eggs Benedict

A traditional English breakfast muffin topped with cured *ham, two free range poached eggs and creamy hollandaise sauce. **7.25**

Eggs Florentine

A traditional English breakfast muffin topped with spinach, two free range poached eggs and hollandaise sauce. **6.95**

Eggs Royale

A traditional English breakfast muffin topped with smoked salmon, two free range poached eggs and hollandaise sauce. **7.75**

Eggs on Toast

Two free range eggs served on two slices of brown toast. **4.75**

Choose from poached or scrambled.

KIDS

*Sausage, Egg and Beans **4.25**

*Bacon, Egg and Beans **4.25**

Egg on Toast **2.90**

Beans on Toast **2.90**

Pancakes with Maple Syrup **2.90**

Smashed Avocado

Freshly smashed avocado with a poached egg and roasted cherry vine tomatoes on sourdough bread. **7.75**

Porridge

A pot of homemade porridge, served with a jug of fresh milk and a choice of fruit compôte or maple syrup. **4.75**

Breakfast Hash

Sautéed potato hash, mushrooms, vine cherry tomatoes, wilted spinach and toasted ciabatta. **7.25**

Add an egg for 95p

Granola Pot

Fruit and yoghurt bowl topped with a crunchy granola. **4.50**

Cereal

A bowl of your favourite cereal with your choice of semi skimmed or soya milk. **1.85**

Coffee & cake



A slice from our fresh cake range, served with tea or filter coffee with a jug of milk. **4.95**

BREAKFAST BAP - 4.25 EACH

Choose from:

*Bacon

*Sausages

Quorn Sausage

Egg

Add an egg, tomato, mushrooms or hash browns for 95p each

AMERICAN BUTTERMILK PANCAKES

Fluffy buttermilk pancakes, topped with a choice of:

Maple Syrup **4.95**

Fruit Compôte **6.25**

Maple Syrup and *Bacon **7.25**



LUNCH

SERVED FROM NOON UNTIL 3PM

Add chips for 1.75

BBQ Pulled Pork Wrap

Enjoy our delicious five-hour slow cooked BBQ pulled *pork wrapped in a soft tortilla with Little Gem lettuce. **7.95**

Halloumi, Red Pepper and Falafel Wrap

Pan-fried halloumi with roasted red peppers and falafel wrapped in a soft tortilla with a chilli chutney. **7.50**

Tuna Mayo Wrap

Homemade tuna mayonnaise, mixed with cucumber, red onion and Little Gem lettuce, wrapped in a soft tortilla. **7.50**

Chicken and Bacon Caesar Wrap

Grilled *chicken breast, *bacon and Little Gem lettuce topped off with a traditional Caesar dressing, all wrapped in a soft tortilla. **7.95**

Southern Fried Chicken Wrap

Lightly coated, seasoned chicken fillet strips wrapped in a soft tortilla with Little Gem lettuce and mayonnaise. **8.25**

Add cheese for 1.00

Banana Blossom Wrap

Our BBQ infused banana blossom and Little Gem lettuce, wrapped in a soft tortilla. **8.95**

Steak Wrap

Tender sirloin *steak, sautéed onion, mushrooms and Little Gem lettuce wrapped in a soft tortilla. **9.75**
2.00 half board supplement

Fish Goujon Sandwich

Extra thick bloomer filled with hand battered crispy goujons and our homemade tartar sauce. **8.25**

Ham, Egg and Chips

Honey and mustard glazed ham with two free range eggs, served with a side of chunky chips. **9.50**



SALADS

Chicken Caesar

Sliced *chicken breast, crispy Little Gem lettuce, boiled egg and rustic garlic croutons, coated in a Caesar dressing and topped with Italian cheese shavings.

As we are in keeping with the tradition, our Caesar dressing does contain anchovies so please tell your host if you'd like it without. **12.50**

Vegetarian option available. **11.75**

Grilled Halloumi and Roasted Red Pepper

Mixed leaf salad with cucumber, cherry tomatoes and red onion, topped with roasted red peppers, grilled halloumi and a balsamic dressing. **11.75**

Superfood

Falafel, smoked harissa houmous, roasted butternut squash, tenderstem broccoli, couscous, pickled red cabbage, spinach and pumpkin seeds, tossed and served with a grilled flatbread. **11.50**

Add *chicken for 3.65, salmon for 4.25 or halloumi for 3.65



LIGHT BITES

AVAILABLE FROM NOON

Soup

Please ask for today's homemade soup of the day, served with warm bread and butter. **4.50**

Southern Fried Chicken Strips

Lightly coated, seasoned chicken fillet strips with sweet chilli dipping sauce. **7.25**

Nachos

Tortilla chips topped with guacamole, jalapeños, salsa, sour cream, and melted mature Cheddar cheese. **8.50**

Add homemade *beef chilli, five-hour slow cooked BBQ pulled *pork or BBQ infused banana blossom for 2.05 each
2.00 half board supplement

Mushrooms on Toast

Garlic chestnut mushrooms in a cream and white wine sauce with wilted spinach, served on toasted ciabatta. **6.95**

Sharing Platter for Two

A delicious platter of goodies for two! BBQ and spicy *chicken wings, sticky slow cooked *pork ribs and crispy onion rings, served with blue cheese and sour cream dips. **16.95**
4.00 half board supplement

Flatbread

Choose from:

Lamb koftas and tzatziki **8.50**

Halloumi fries, falafel and tzatziki **8.50**
2.00 half board supplement

Chicken Wings

Choose from:

BBQ *chicken wings with a blue cheese dip **7.50**

Spicy *chicken wings with either original hot sauce or extra hot sauce, served with a sour cream dip **7.50**

Garlic and Chilli Prawns

Succulent king prawns and homemade garlic and chilli butter, served with a flatbread. **9.75**
3.00 half board supplement



MAINS

AVAILABLE FROM NOON

Beef and Ale Pie

Homemade *beef and ale filling topped with crisp shortcrust pastry, served with peas, creamy mash, and rich onion gravy. **14.95**
2.00 half board supplement

Scampi and Chips

Wholetail scampi, served with chunky chips, homemade tartar sauce and peas. **12.50**
Fancy a lighter bite? Swap your chips for a salad.

Homemade Chilli

Served with rice, sour cream and tortilla chips. **12.50**

Choose from:

Prime lean *beef chilli

Smoky bean and mushroom chilli

Sirloin Steak

Prime sirloin *steak grilled the way you like it and served with chips, vine roasted cherry tomatoes and flat mushrooms. **17.95**

Add a peppercorn or blue cheese sauce for 2.35
5.00 half board supplement

Smoked Salmon and Prawn Linguine

Smoked salmon with king prawns in a creamy white wine and dill sauce. **11.95**
2.00 half board supplement

Mushroom Linguine

Pan fried mushrooms with garlic in a creamy sauce with chopped parsley, wilted spinach, cracked black pepper, and sprinkled with Italian cheese shavings, basil, and fresh chillies. **11.25**

Add *bacon or *chicken for 2.05

Gammon Steak

Gammon steak served with two free range fried eggs, chips and peas. **12.95**

Fancy a lighter bite? Swap your chips for a salad.

Ribs and Chicken Wings Combo Platter

BBQ and spicy *chicken wings, sticky slow cooked *pork ribs, onion rings and chips, served with blue cheese and sour cream dips. **17.95**

Fancy a lighter bite? Swap your chips for a salad.
5.00 half board supplement

Homemade Lasagne

Prime lean *beef mince, bolognese sauce, layered with sheets of pasta and creamy béchamel sauce, topped with mozzarella and baked. Served with a slice of garlic ciabatta. **11.75**

Hunters Chicken

Succulent *chicken breast, with *bacon and melting cheddar cheese coated in BBQ sauce and coleslaw. **12.75**

Fancy a lighter bite? Swap your chips for a salad.

Fish and Chips

Hand beer-battered cod, served with chunky chips, homemade tartar sauce and peas. **13.50**

Fancy a lighter bite? Swap your chips for a salad.

Katsu Curry

Homemade aromatic coconut sauce, served on a bed of rice with a lime and coriander garnish.

Choose from *chicken **12.50**, *steak **13.25** (2.00 half board supplement) or vegetable **12.50**

Fajitas

Your choice of marinated, chargrilled filling, on a bed of sizzling onions and peppers served with a selection of sour cream, fresh salsa and guacamole. Served with soft tortillas to wrap everything up!

Choose from *chicken **12.50**, *steak **13.25** (2.00 half board supplement), prawn **13.25** (2.00 half board supplement) or vegetable **12.25**

BURGERS

AVAILABLE FROM NOON

All our burgers are served in a toasted bun with coleslaw and chips. Fancy a lighter bite? Swap your chips for a salad.

Beef Burger

100% British *beef burger, Little Gem lettuce, sliced beef tomato and burger sauce. **10.50**

BBQ Chicken and Bacon Burger

*Chicken breast marinated in buttermilk with a seasoned crumb, topped with *bacon, Little Gem lettuce, sliced beef tomato and smoky BBQ sauce. **12.50**
2.00 half board supplement

Mexican Chicken Burger

Seasoned *chicken breast, cheese, red peppers, salsa and guacamole. **12.50**
2.00 half board supplement

The Nab Double Burger

Two 100% British *beef burgers topped with grilled *bacon, cheese, battered onion rings, Little Gem lettuce, sliced beef tomato and burger sauce. **13.95**
3.00 half board supplement



Halloumi Burger

Pan-fried halloumi, topped with roasted red peppers, mushrooms, Little Gem lettuce and sliced beef tomato. **11.25**

Banana Blossom Burger

BBQ infused banana blossom, Little Gem lettuce and sliced beef tomato. **11.50**

DOUBLE-UP!

Double up your burger, add an extra *patty for only 4.25

EXTRAS

Add *bacon, cheese, or onion rings for 1.30 each

Add five-hour slow cooked BBQ pulled *pork or homemade *beef chilli for 2.50 each



PIZZA

AVAILABLE FROM NOON

Margherita

Topped with slices of beef tomato, fresh mozzarella and basil leaves. **12.75**

Hawaiian

Tomato base, generously topped with *ham and pineapple. **12.75**

1.00 half board supplement

Pepperoni

Rich tomato sauce and spiced up with plenty of pepperoni slices. **12.75**

2.00 half board supplement

Chicken and Bacon

BBQ base, topped with tender *chicken and *bacon. **12.75**

2.00 half board supplement

Spicy Meatball

Whole meatballs, with roasted red onions, jalapeños and cheese. **12.75**

Vegetarian option available. **2.00 half board supplement**

Add an extra toppings for only 1.70 each. Choose from: king prawns, red onion, sun-dried tomatoes, cajun *chicken, chillies, red pepper, jalapeños, *bacon, *ham, pepperoni, sweetcorn, pineapple, anchovies.



DESSERTS

AVAILABLE FROM NOON

Lemon Posset

Our homemade sweet and zingy lemon posset served with shortbread biscuit. **7.30**

Salted Caramel Waffle

Caramelised sticky and sweet, toasted Belgian waffle with salted caramel ice cream, cookie crumbs and a waffle cone top. **8.25**

Chocolate Fudge Brownie

A smooth chocolate brownie with a gooey centre. Served warm, with a scoop of vanilla ice cream. **6.55**

Pancake Stack

Soft buttermilk pancakes, smothered in chocolate, topped with fresh berries and a scoop of vanilla ice cream. **8.25**

Chocolate and Orange Tart

A vegan chocolate and orange tart served with a scoop of vanilla ice cream, chocolate sauce and a side of raspberries. **7.25**

Ultimate Nab Sharer

The perfect sharer for two or take on the challenge alone! Enjoy a selection of ice cream, cookie crumble, Smarties, waffle, flakes and delicious sauces. Served in our ultimate sharing bowl and finished with hundreds and thousands. **13.75**

5.00 half board supplement

Ice Cream

Three scoops of your favourite flavour or enjoy a mixture! Choose from chocolate, vanilla, strawberry, salted caramel, or mint choc chip. **5.25**

Sorbet

Three scoops of your favourite flavour or enjoy a mixture! Choose from raspberry, lemon or mango. **5.25**

WINE

WHITE

Las Ondas Sauvignon Blanc Chile

A ripe and fruity white wine but with enough acidity to give a crisp, dry finish.
Bottle **19.25** | 125ml **3.50** | 175ml **5.00** | 250ml **6.90**

O&E Pinot Grigio Italy

Fresh and zesty with citrus and ripe pear flavours.
Bottle **19.50** | 125ml **3.55** | 175ml **4.90** | 250ml **6.90**

Ren Sauvignon Blanc New Zealand

Zesty white with ripe tropical notes and a smooth palate.
Bottle **24.50**

RED

Clockwork Raven Merlot Chile

Rich, spicy & full of berry flavours.
Bottle **19.25** | 125ml **3.50** | 175ml **5.00** | 250ml **6.90**

Spearwood Shiraz Australia

Juicy red with plum and pomegranate flavours.
Bottle **20.25** | 125ml **3.75** | 175ml **5.10** | 250ml **7.35**

Vinas de Mendoza Malbec Argentina

A supple mid bodied Malbec that has plenty of crunchy dark berry fruit flavours.
Bottle **26.25**

ROSÉ

To Be Continued Zinfandel Rosé California

Light and sweet with loads of juicy strawberry fruits and a refreshing finish.
Bottle **19.25** | 125ml **3.75** | 175ml **4.95** | 250ml **6.95**

Zimor Pinot Grigio Blush Italy

Fresh and youthful dry rosé.
Bottle **19.75** | 125ml **3.60** | 175ml **5.00** | 250ml **7.00**

SPARKLING

Prosecco Viticoltori Ponte Italy

Dry and crisp with a creamy finish.
Bottle **25.95** | 125ml **6.95**

Ponte Aurora Rosé Italy

Cherry pink in colour with a decent amount of sparkle, this is a light and off-dry sparkling rosé.
Bottle **25.50** | 125ml **6.95**

H Lanvin & Fils Brut NV Champagne France

Golden in colour, fresh with a toasty palate.
Bottle **48.50**

V Suitable for vegetarians.

Allergen and lifestyle menus are available on request. Please inform your server of any allergies or intolerances before you order. Unfortunately, it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our busy kitchens.

All menu items may contain ingredients not listed in the menu description. Weights are approximate and uncooked. Some meat/fish dishes may contain small bones. Menu items are subject to availability. All prices include VAT.

All card and cash tips are shared out to all employees through a system controlled by a team representative. No monies are deducted by Away Resorts. Tips are paid on top of a team member's wage. If you have any queries about how tips are distributed, please ask.



*Red Tractor is an independent not-for-profit food and farm assurance scheme ensuring the food you choose is safe, traceable and farmed with care. By choosing food with the Red Tractor logo you can be sure that it has been produced in the UK to world-leading standards and is traceable back to farms. For more information, please go to redtractor.org.uk.

BEER + CIDER

DRAUGHT

Tetley's	Half 2.35 Pint 4.75
San Miguel	Half 2.55 Pint 4.95
Carlsberg	Half 2.35 Pint 4.50
Somersby	Half 2.40 Pint 4.50

BOTTLES/CANS

Peroni	330ml 4.50
Corona	330ml 4.50
Old Speckled Hen	500ml 5.75
San Miguel Gluten Free	330ml 4.50
Carlsberg Nordic	330ml 3.65
Kopparberg Mixed Fruit or Strawberry & Lime	500ml 5.75
Crabbie's Ginger Beer	500ml 5.75

SOFT DRINKS

J20 Orange and Passion Fruit	3.50
J20 Apple and Raspberry	3.50
Britive 55 Apple	3.25
Pepsi Bottle	3.50
Pepsi Max	Child 1.55 Small 3.05 Reg 3.50
Diet Pepsi	Child 1.55 Small 3.05 Reg 3.50
Lemonade	Child 1.55 Small 3.05 Reg 3.50
Orange/Apple Juice	Reg 1.85 Large 3.10
Fever-Tree <i>Ask us what flavours we have!</i>	2.25
Strathmore Still or Sparkling Water	Small 2.50 Large 4.50



SIDES

LOADED FRIES

Choose from:

Crispy *bacon and melted Cheddar cheese	5.50
Five-hour slow cooked pulled *pork and melted Cheddar cheese	5.50
Homemade *beef chilli and melted Cheddar cheese	5.50
Succulent BBQ infused banana blossom	5.50

Skinny Fries	3.10
Chunky Chips	3.10
Onion Rings	3.10
Garlic Bread	3.95
Garlic Bread With Cheese	4.50
Coleslaw	3.10
Mixed Leaf Salad	3.65
Halloumi Fries	6.55